



U.S. NAVAL SUPPORT ACTIVITY, NAPLES

BASEWIDE MONTHLY EVENTS & ACTIVITIES

All-In-One Place ➤ Updated Monthly

CALENDAR



Service to the Armed Forces

VOLUNTEERS WELCOME!



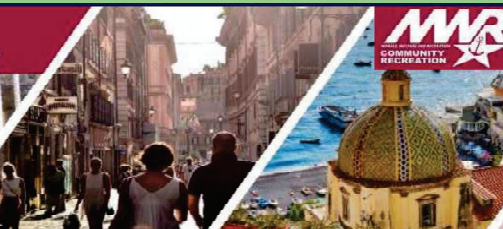
What's Happening...



Liberty Activities

For E1-E6 single and unaccompanied service members

TICKETS & TRAVEL

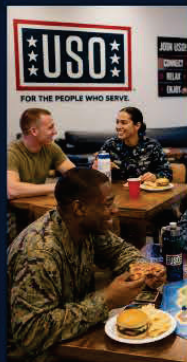


Captain's Cup

MONTHLY EVENTS @ USO Naples



FOR THE PEOPLE WHO SERVE.™



AUGUST 2026

CALENDAR OF EVENTS

CONNECTING SERVICE MEMBERS AND FAMILIES THROUGH USO NAPLES PROGRAMS.
FOLLOW US ON SOCIAL MEDIA: [FACEBOOK.COM/USONAPLES](https://www.facebook.com/USONAPLES) OR [@USONAPLES](https://www.instagram.com/USONAPLES)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1
2	3	4 1100-1200 TROOP TIME @CAPO LOUNGE	5 1830-1930 SUNSET YOGA @ CENTRAL PARK	6 1100-1200 TROOP TIME @CAPO LOUNGE	7 1100-1200 FRIDAY LUNCH & FUN @SUPPORT SITE	8
9	10	11 1100-1200 TROOP TIME @ CAPO LOUNGE	12 1100-1200 TRY IT WEDNESDAY!	13 1100-1200 TROOP TIME @ CAPO LOUNGE	14 1330 - 1430 BACK TO SCHOOL RESOURCE FAIR @ SCHOOL COURTYARD	15
16	17 1445 - 1545 FIRST DAY OF SCHOOL PHOTO AND CRAFT @COMM CTR	18 1100-1200 TROOP TIME @ CAPO LOUNGE	19 1730-1900 LADIES PAINT NIGHT @ COMM CTR	20 1100-1200 TROOP TIME @ CAPO LOUNGE	21	22
23	24	25 1100-1200 TROOP TIME @ CAPO LOUNGE	26 1345-1445 AFTER SCHOOL CRAFT ATTACK @ SUPPPORT SITE	27 1100-1200 TROOP TIME @ CAPO LOUNGE	28	29
30	31 1000-1100 TODDLER TIME @ COMM CTR					

***SOME OF OUR EVENTS REQUIRE REGISTRATION- CHECK WITH YOUR LOCAL CENTER**
BECOME A USO VOLUNTEER! Sign up at volunteers.uso.org

**USO NAPLES LOCATIONS: S.SITE- VILLAGE FORUM M-F 10-16 AND CAPO-
AIR TERMINAL LOUNGE M-T FROM 830-1630
DSN 6265713/6294903 COMM. +39 0815685713 OR +39081-8114903 USONAPLES@USO.ORG**



SATURDAY, AUGUST 1

11 AM - 1PM

WATER BOTTLE GIVEAWAY

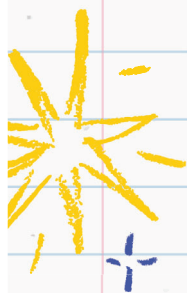
The hunt is on! Get ready to search far and wide in a NEX scavenger hunt. All kids who complete the hunt will receive a free water bottle—with stickers to personalize it—and will be entered to win a \$200 NEX gift card!

First come, first served. While supplies last. At select stores only; event times and activities vary by location. See store for details. For ages 17 and under. Child must be present. One per child.





**BACK TO
SCHOOL** *ALL Together*



FASHION SHOW

**SATURDAY, AUGUST 8
9:30AM-11:30AM**

Show off your back-to-school style! Walk the runway at your local NEX in a look you love, picked by you or styled by our team. All participants will receive a \$10 gift card to the NEX!



REGISTRATION CLOSSES ON JULY 27TH. REGISTER AT CUSTOMER SERVICE.
AUTHORIZED PATRONS ONLY.

108 SUN SALUTATIONS

Tuesday, Aug. 25 | 3:30-5:15 p.m. | Support Site Fitness Center



Welcome a new season with intention, movement and mindfulness through the practice of 108 Sun Salutations.

This special yoga event offers an opportunity to reflect on the past, embrace new beginnings and set intentions for the season ahead.

Whether you are welcoming a change in your schedule, a fresh chapter or simply seeking renewal, this moving meditation combines breath and flow to cultivate resilience, gratitude and a sense of purpose as we transition together into the next season.

After the session, stay for a relaxed social and enjoy drinks (available for purchase.)

No registration required.



For more information, email NaplesMWR_Fitness@us.navy.mil
or call 081-811-6604 | DSN 629-6604.



Sponsorship Training

Expecting new arrivals? Learn the roles, responsibilities, and best practices of becoming a sponsor. You will receive the tips, tools, and resources needed to execute your duties and provide an informative and welcoming experience for your command's newcomers. Open to Active Duty, DoD Civilians, Contractors, and family members.

2026

15 Jan 2026	0900-1200 Capodichino
12 Mar 2026	0900-1200 Support Site
7 May 2026	0900-1200 Capodichino
16 Jul 2026	0900-1200 Support Site
24 Sep 2026	0900-1200 Capodichino
12 Nov 2026	0900-1200 Support Site



COMMAND SPONSOR AND INDOCTRINATION PROGRAM OPNAVINST 1740.3E

"Ensure sponsors have completed sponsor training prior to being assigned as a sponsor."

<https://millifelearning.militaryonesource.mil/course/esat101>

Registration required.

Email: nsanaplesffsc@us.navy.mil



DSN: 629-6372
COMM: 081-811-6372



Updated 10 Sep 25

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ITALY**

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**VOTE FOR YOUR FAVORITES IN OVER 30 CATEGORIES IN
THIS EXCLUSIVE CAMPAIGN FROM STARS AND STRIPES!**
We are the only place where you can share your voice and
show some love to the local businesses that support the U.S.
military community here in Italy.

VOTE NOW UNTIL AUG. 31!
STRIPESEUROPE.COM



New to NSA Naples?

Attend Area Orientation!

2026*

JANUARY

Mo	Tu	We	Th	Fr	Sa	Su
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

MARCH

Mo	Tu	We	Th	Fr	Sa	Su
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

MAY

Mo	Tu	We	Th	Fr	Sa	Su
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

JULY

Mo	Tu	We	Th	Fr	Sa	Su
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

SEPTEMBER

Mo	Tu	We	Th	Fr	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

NOVEMBER

Mo	Tu	We	Th	Fr	Sa	Su
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

FEBRUARY

Mo	Tu	We	Th	Fr	Sa	Su
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	1
2	3	4	5	6	7	8

APRIL

Mo	Tu	We	Th	Fr	Sa	Su
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

JUNE

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

AUGUST

Mo	Tu	We	Th	Fr	Sa	Su
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

OCTOBER

Mo	Tu	We	Th	Fr	Sa	Su
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

DECEMBER

Mo	Tu	We	Th	Fr	Sa	Su
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

-  Area Orientation at Reel Times 2 Cinema, Support Site
-  Cultural assimilation trip to downtown Naples
-  Family cultural assimilation trip to downtown Naples

*Dates subject to change

Two ways to register:

Scan here >>



or

Email NSANaplesAO@us.navy.mil with the participant's rate and rank, first and last name, personal email, command, arrival date and sponsor's email.

For more information, call +39 081-811-6954 or +39 335-848-4641.



NSA Naples August 2026

Sexual Assault Prevention and Response Calendar of Events

AUG 04	CDO/Watch Stander Training Fleet and Family Readiness Conference Room, Capo (Building 450) 1200-1400 <i>*Strongly encouraged for everyone that stands CDO watch</i>
AUG 13	VA Refresher Training Fleet and Family Support Center, SS 1200-1400
AUG 27	Administrative Uniformed Victim (AUVA) Training Fleet and Family Support Center, SS 1200-1400

Advanced registration is recommended for all classes: nsanaplesffscsapr@us.navy.mil

All classes are subject to change

Local SAPR 24/7 Helpline: +39 335-640-6621



Naples Thrift Shop~August 2026

PSC 817 Box 97, FPO AE 09622-0097 | (081) 568-3913 | NAPLES@NMCRS.ORG



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLEASE FIND ALL PROGRAM AND CONTACT INFO HERE						1 SHOP & DONATE 9am-12pm
2  linktr.ee/naplesnmcrs	3	4	5	6	7	8
		CLOSED FOR SUMMER BREAK				
			Postpart Group			
9	10	11	12	13	14	15
		CLOSED FOR SUMMER BREAK				SHOP ONLY Back2School 9am-12pm
16	17	18	19	20	21	22
		SHOPPING & DONATIONS 10am-1pm		3pm-6pm		
		Budget for Baby	Postpart Group			
23	24	25	26	27	28	29
		SHOPPING & DONATIONS 10am-1pm		3pm-6pm		
30	31					

USO NAPLES

SUNSET YOGA in CENTRAL PARK

AUG 05
1830-1730

FREE EVENT



Sunset Yoga in Central Park
Find your flow and unwind!

Join USO Naples on
Wednesday, August 5th from
6:30-7:30 PM for one hour of
transformative yoga with
Amanda in Central Park.

Please bring your yoga mat
and yoga blocks if you have
them.

Registration Required



USO.org/CENTERS



<https://bit.ly/sunset-yoga-august>



VTAP

Navy Virtual Transition Assistance Program

TRANSITION
ASSISTANCE
PROGRAM

The Navy provides interactive virtual webinars through the Virtual Transition Assistance Program (VTAP) for all eligible service members preparing to transition back to civilian life. Service members must complete their required congressional-mandated training at no less than 365 days before their official retirement or separation from military service. VTAP is designed for Service members who are unable to attend in-person training sessions in a timely manner. VTAP webinar classes are available to Service members and their spouses at any stage of their career and at any time zone.

AUGUST 2026

Schedule is Subject to Change

WEEK of 4-8 Jul		Date	EDT	Millington	San Deigo	Hawaii	Bahrain	Japan			
2 hrs.	Pre-Separation Briefing	4 Jul	7:00 PM	6:00 PM	4:00 PM	4 Jul	1:00 PM	5 Jul	2:00 AM	5 Jul	8:00 AM
30 mins.	Managing Your Transition	4 Jul	9:15 PM	8:15 PM	6:15 PM	4 Jul	3:15 PM	5 Jul	4:15 AM	5 Jul	10:15 AM
1.5 hrs.	MOC Crosswalk	4 Jul	10:00 PM	9:00 PM	7:00 PM	4 Jul	4:00 PM	5 Jul	5:00 AM	5 Jul	11:00 AM
4 hrs.	Financial Planning for Transition	5 Jul	7:00 PM	6:00 PM	4:00 PM	5 Jul	1:00 PM	6 Jul	2:00 AM	6 Jul	8:00 AM
8 hrs.	DOL (1day) Employment Fundamental for Transition	6 Jul	7:00 PM	6:00 PM	4:00 PM	6 Jul	1:00 PM	7 Jul	2:00 AM	7 Jul	8:00 AM
WEEK of 11-15 Jul		Date	EDT	Millington	San Deigo	Hawaii	Bahrain	Japan			
2 hrs.	Pre-Separation Briefing	12 Jul	8:00 AM	7:00 AM	5:00 AM	12 Jul	2:00 AM	12 Jul	3:00 PM	12 Jul	9:00 PM
30 mins.	Managing Your Transition	12 Jul	10:15 AM	9:15 AM	7:15 AM	12 Jul	4:15 AM	12 Jul	5:15 PM	12 Jul	11:15 PM
1.5 hrs.	MOC Crosswalk	12 Jul	11:00 AM	10:00 AM	8:00 AM	12 Jul	5:00 AM	12 Jul	6:00 PM	13 Jul	12:00 AM
4 hrs.	Financial Planning for Transition	12 Jul	1:00 PM	12:00 PM	10:00 AM	12 Jul	7:00 AM	12 Jul	8:00 PM	13 Jul	2:00 AM
8 hrs.	DOL (1day) Employment Fundamental for Transition	13 Jul	8:00 AM	7:00 AM	5:00 AM	13 Jul	2:00 AM	13 Jul	3:00 PM	14 Jul	9:00 PM
8 hrs.	SBA (2Days) Vocational Track Day 1 8am-4pm Day 2 8am-4pm	14 Jul	8:00 AM	7:00 AM	5:00 AM	14 Jul	2:00 AM	14 Jul	3:00 PM	-	-
		15 Jul	8:00 AM	7:00 AM	5:00 AM	15 Jul	2:00 AM	15 Jul	3:00 PM	-	-
WEEK of 18-22 Jul		Date	EDT	Millington	San Deigo	Hawaii	Bahrain	Japan			
2 hrs.	Pre-Separation Briefing	19 Jul	9:00 AM	8:00 AM	6:00 AM	19 Jul	3:00 AM	19 Jul	4:00 PM	19 Jul	11:00 PM
30 mins.	Managing Your Transition	19 Jul	11:15 AM	10:15 AM	8:15 AM	19 Jul	5:15 AM	19 Jul	6:15 PM	20 Jul	12:10 AM
1.5 hrs.	MOC Crosswalk	19 Jul	12:00 PM	11:00 AM	9:00 AM	19 Jul	6:00 AM	19 Jul	7:00 PM	20 Jul	1:00 AM
4 hrs.	Financial Planning for Transition	19 Jul	2:00 PM	1:00 PM	11:00 AM	19 Jul	8:00 AM	19 Jul	9:00 PM	20 Jul	3:00 AM
8 hrs.	DOL (1day) Employment Fundamental for Transition	20 Jul	9:00 AM	8:00 AM	6:00 AM	20 Jul	3:00 AM	20 Jul	4:00 PM	20 Jul	11:00 PM



CNIC's Learning Management System (LMS)

Regardless of a sailor's career stage or time zone, VTAP webinar classes are available. To register for any session, log in to <https://mynavyfamily.com>



BUDGET FOR BABY® WORKSHOPS

Naples NMCRS Budget for Baby Workshop Registration

Workshop held every 3rd Tuesday of the Month
10am-1pm @ S. Site Library Upstairs Conf. Room
Includes \$50 Gift Card and Handmade Blanket





BACK *to* SCHOOL

COMMUNITY RESOURCE FAIR

No
registration
needed.

Celebrate the upcoming school year with fun, family-friendly activities. Learn about all the resources and support available for students and families at NSA Naples.



Friday, Aug. 14
1:30 p.m.



Front lawn
Naples Elementary and
Middle/High Schools

Some of the organizations attending include:

American Red Cross

Child and Youth Programs (School Age Care, Teen Center
Youth Sports and Fitness and Military Family Life Counselors)

DoWEA (Sports Program and PTA/PTSA)

Fleet and Family Support Center (Exceptional Family Member Program
and Family Advocacy Program)

Morale, Welfare and Recreation

Navy Exchange (School Meal Program)

Navy Federal Credit Union

Navy-Marine Corps Relief Society

University of Maryland Global Campus

USO

For more information, call
081-811-6549 | DSN 629-6549.



Back-to-School

Run and Walk



All ages welcome!

Lace up your sneakers and get ready to run into an exciting new school year!

The Back-to-School Run and Walk offers a 5k route and one-mile kids fun run!

Thursday, Aug. 6

9 a.m.

Support Site Fitness Forum

The run is free, but registration is required.
Scan the QR code to register.



For more information, call 081-811-6721 | DSN 629-6721.





LAUGHTER THAT HONORS 250 YEARS OF AMERICAN SPIRIT



Pete Lee



*Operation
Stand Up ^{For}
Service*



ARMED FORCES ENTERTAINMENT

BRINGS THE LAUGHS

Patrick DeGuire



Greg Morton

*The Ultimate
Salute to
Comedy*



STARS
AND
STRIPES



Saturday, Sept. 19
Begins at 7 p.m.
Carney Park Country Club Restaurant

Come early for dinner before the show!

Adults 18 years and older only.

Reservations are not required, but to guarantee
a table, scan here to reserve your table. >>



Learn more at ArmedForcesEntertainment.com



YOUTH ADVISORY COUNCIL



OPEN TO HIGH SCHOOL JUNIORS AND SENIORS



**SCAN
ME!**

DEADLINE 21 SEPTEMBER

YOUR LEADERSHIP STARTS HERE!

*THE USO YOUTH ADVISORY COUNCIL IS A LEADERSHIP AND
VOLUNTEER PROGRAM FOR MILITARY TEENS.*

*MEMBERS DEVELOP LEADERSHIP SKILLS, SUPPORT USO EVENTS,
EARN VOLUNTEER HOURS, AND MAKE A POSITIVE IMPACT IN THE
MILITARY COMMUNITY.*



<https://bit.ly/NaplesUSOYouthCouncil>

USO YOUTH PROGRAMS

AFTER SCHOOL CRAFT ATTACK

EVERY WEDNESDAY FROM 1345 TO 1445 AT THE USO SUPPORT SITE VILLAGE FORUM.



Stop by the USO after school for a snack and craft! No need to stay and craft — just dash in and grab your weekly take-home kit with a fun snack included!

Each week brings a new themed project — from seasonal decorations to friendship bracelets — designed for families to enjoy together at home and strengthen bonds through creativity.

Important to Know:

- While supplies last.
- Children must be accompanied by a parent, adult, or legal guardian to receive a kit and snack.
- For safety reasons (choking hazards, allergies, and parental choice), we cannot provide kits or snacks to unaccompanied children.



USO.org/YouthPrograms

Support Site Fitness Center

Dance Classes

Summer Sessions

Ballet

Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions.

Tuesday, Aug. 18

3-4 p.m. Ages 3-6

4-5 p.m. Ages 7-9

5-6 p.m. Ages 10-17



Keep your kids active this summer with a dance class.

It's an ideal way to see if your child is interested in dance or trying a new form of dance.

Modern Dance/Hip-hop

Modern Dance/Hip-hop is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

Thursday, Aug. 20

3-4 p.m. Ages 3-6

4-5 p.m. Ages 7-9

5-6 p.m. Ages 10-17



\$20 per class

The two classes per-week schedule will return in September.

To register and pay, go to the Support Site Fitness Center or scan here >>



Maximum 20 dancers per class.
For more information, call 081-811-6604 / DSN 629-6604.





WE ARE **HIRING!**



Join our valued team at
Fleet and Family Readiness!

Our group includes individuals entry level to senior management who provide quality-of-life services to military, DoD civilians and their families at NSA Naples.

Scan here for current NAF
and GS job openings!





AUGUST

FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

AREA ORIENTATION

Area Orientation (mandatory for newcomers)

Aug. 5 and 6, Aug. 26 and 27

Wednesday, 7:45 a.m.-2 p.m.

Thursday, 7:45 a.m.-3 p.m.

Reel Times 2 Cinema, Support Site

Cultural Assimilation Trips to Downtown Naples

Friday, Aug. 7 and 28 | 7:45 a.m.-2:30 p.m.

Cultural Assimilation Overflow Trip (if needed)

Monday, Aug. 31 | 7:45 a.m.-2:30 p.m.



INTERCULTURAL RELATIONS

Seminar and Trip: House Cleaning

Monday, Aug. 3 | 9 a.m.-2:30 p.m.

Intermediate Italian at Lunch Time

Thursday, Aug. 6 | 11 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Intermediate Italian

Tuesday, Aug. 11 | 10:30 a.m.-Noon

Naples' Traditions and Superstitions

Wednesday, Aug. 12 | 10:30-11:30 a.m.

Italian at Lunch Time (Basic Italian for beginners)

Monday, Aug. 24 and 31 | 11 a.m.-12:30 p.m.

Capodichino FFR Conference Room

Advanced Italian

Tuesday, Aug. 25 | 10:30 a.m.-Noon



LIFE SKILLS

Resilience Reset

Wednesday, Aug. 5 | 12:30-1:30 p.m.

Mind Body Mental Fitness:

Stress Resilience

Friday, Aug. 21 | 12:30-1:30 p.m.

Mind Body Mental Fitness:

Mindfulness and Meditation

Friday, Aug. 28 | 12:30-1:30 p.m.



PERSONAL FINANCIAL MANAGEMENT

Casa Napoli: Home Rental Information Session

Tuesday, Aug. 18 | 10-11 a.m.

DriveWise: Car Buying Information Session

Thursday, Aug. 20 | 10-11 a.m.



DEPLOYMENT

Know Before You Go*

Thursday, Aug. 13 | 11 a.m.-Noon



FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

Resume Essentials*

Wednesday, Aug. 12 | 8 a.m.-12:30 p.m.



TRANSITION ASSISTANCE PROGRAM

Must be registered by Command Career Counselor

Pre-Separation Workshops

Monday-Wednesday, Aug. 3-5 | 8 a.m.-4 p.m.

FFSC, Support Site

Monday-Wednesday, Aug. 24-26 | 8 a.m.-4 p.m.

Galley, U.S. Naval Hospital, Naples

Department of Labor

Employment Workshop (DOLEW)

Thursday and Friday, Aug. 6 and 7 | 8 a.m.-4 p.m.

Thursday and Friday, Aug. 27 and 28 | 8 a.m.-4 p.m.

Department of Labor

Vocational Workshop (C2E)

Monday and Tuesday, Aug. 10 and 11 | 8 a.m.-4 p.m.

Capstone Event

Wednesday, Aug. 12 | 1-4 p.m.



SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

SAPR trainings are subject to change.

Command Duty Officer/Watch Stander Training

Tuesday, Aug. 4 | Noon-2 p.m.

Capodichino FFR Conference Room

Victim Advocate Refresher Training

Thursday, Aug. 13 | Noon-2 p.m.

Administrative Uniformed Victim Advocate Training

Thursday, Aug. 27 | Noon-2 p.m.



FAMILY READINESS

Command Ombudsman Advanced Training

Tuesday, Aug. 18 | 5-5:25 p.m.

Reel Times 2 Cinema, Support Site

Ombudsman Assembly

Tuesday, Aug. 18 | 5:30-6:30 p.m.

Reel Times 2 Cinema, Support Site

Ombudsman Basic Training

Monday-Wednesday, Aug. 24-26

8:30 a.m.-3:30 p.m.



EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

Leader Brief

Wednesday, Aug. 5 | 9:30-10 a.m.

Capodichino FFR Conference Room

Sensory-Friendly Story Time

Tuesday, Aug. 11 | 10-10:30 a.m.

Support Site Library Conference Room

Transition Workshop: Life After High School

Thursday, Aug. 20 | 11 a.m.-Noon

Sensory-Friendly Story Time

Wednesday, Aug. 26 | 1-2 p.m.

VIRTUAL WORK AND FAMILY LIFE PROGRAMS

Visit mynavyfamily.com to create an account and access virtual classes and online resources.

Scan the QR code below to book a 1:1 consultation with a team member.



*Virtual Class



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command



USO YOUTH PROGRAMS

READY, SET, SCHOOL!

FIRST DAY OF SCHOOL PHOTOS AND CRAFT

MONDAY
AUG 17
1445-1545



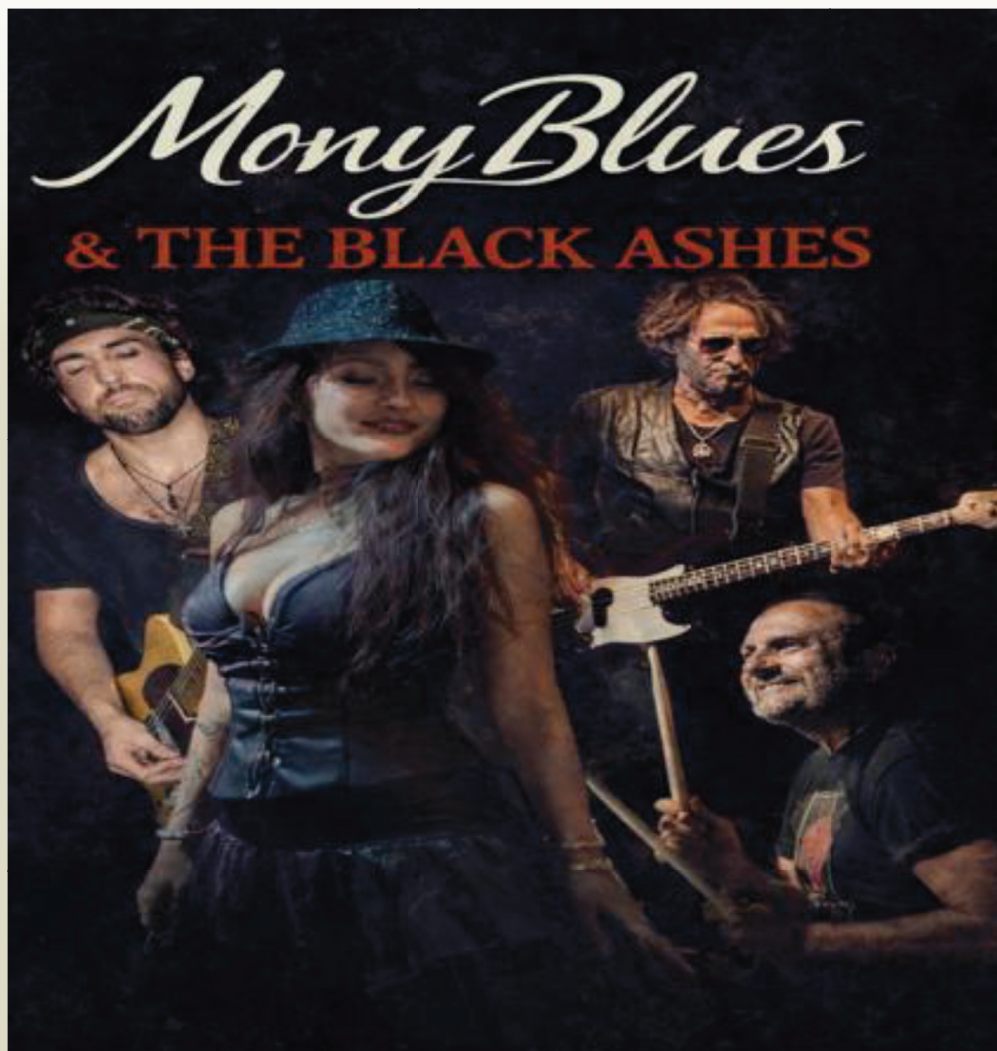
Celebrate the First Day of School with the USO! Strike a pose at our themed photo station, create a back-to-school craft, and capture memories you'll treasure for years to come. It's the perfect way to start the school year with fun, creativity, and community. See you at the Village Forum!



FREE EVENT



Dinner Show



Fridays, July 24 and 31

Saturdays, July 25 and Aug. 1

Carney Park Country Club Restaurant

Doors open at 6 p.m. for dinner, show begins at 7 p.m.

\$25

Dinner includes pasta, pizza or sandwich,
dessert and one non-alcoholic beverage
(alcoholic beverages may be purchased).



Hurry! Seating is limited!

Make reservations by Thursday, July 23 or 30.

For reservations, scan here or call 379-102-2757 or 338-882-4760.

For more information, call 081-811-4459 / DSN 629-4459.

 www.facebook.com/mwrnaples
 [instagram.com/nsanaplesmwr](https://www.instagram.com/nsanaplesmwr)





AUGUST

activities

Events are held at the Fleet Recreation Center unless specified.



Float into August

Monday, Aug. 3

Begins at 11 a.m.

Enjoy a delicious ice cream float.
While supplies last.

Play Dough® Mania

Wednesday, Aug. 5

Begins at 10:30 a.m.

Make your own dough with recipes provided and collect fun ideas. Create a sculpture and enter our contest. Creations will be on exhibit until Aug. 6. Winner will be decided by patrons.

Best of the Best

Thursday, Aug. 6

Cool off and hone your cognitive skills at the same time. Complete as many crossword puzzles and word searches as possible (levels for all ages.) Be named Best of the Best.

Summer Reading Program Prize Pickup

Monday, Aug. 9

Begins at 10:30 a.m.

If you earned reading credits through the Summer Reading Program, please pick up your prizes at the Fleet Recreation Center or the MWR Libraries at NSA Naples.

Make a Sculpture

Monday, Aug. 10

Begins at 10:30 a.m.

Be creative with Crayola® Model Magic, a crumble-free and easy-to-use modeling compound. Make a fun shape that will air dry. While supplies last.

Color Pop

Wednesday, Aug. 12

10:30 a.m.–Noon

Lots of fun coloring with ice pops.
Supported by USO.



Watermelon Social and Carving

Thursday, Aug. 13

Begins at Noon

Quench your thirst with refreshing watermelon or show off your carving ideas. While supplies last.

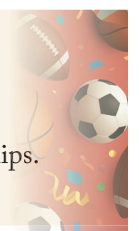


Sports Party

Friday, Aug. 14 and 28

Begins at 4 p.m.

Join the party with Nintendo Switch and chips.
Other snacks available for purchase.

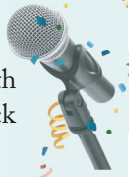


Summer Rocks

Thursday, Aug. 20

Begins at 11 a.m.

Cool down during the heat of the day with a refreshingly cool lemonade, while we rock to fun music and Karaoke.



Corn Hole and Grill Your Own Meat

Friday, Aug. 21

Begins at 11 a.m.

Enjoy corn hole on the Fleet Recreation Center patio. MWR provides the grill and thirst-quenching beverages, while supplies last. Ice cream and snacks are available for purchase.



Origami Paper

Tuesday, Aug. 25

Begins at 11 a.m.

Origami is the art of folding paper to create intricate shapes. MWR provides paper and models.



Summer in Gaeta

Visit or call the MWR Customer Service Desk for fun summer ideas such as sightseeing tours, boat excursions around the Bay of Gaeta, spa services and exercise classes.

Pavilion rental

Olde Mill Inn Park pavilions are available for your next party or event. To rent a pavilion or for more information, call 081-568-8357 | DSN 626-8357.

For more information, please call the MWR Service Desk at 081-568-8357 / DSN 626-8357
or email MWR_Gaeta@us.navy.mil.

Connect with MWR 24/7 at www.navymwrnaples.com www.facebook.com/mwrgaeta



September

activities

Events are held at the Fleet Recreation Center, unless specified.

September is...



Library Card Sign up Month

Sign up for your library card today at the Customer Service Desk. You may use this card to check out books at the Gaeta Fleet Recreation Center and at the MWR libraries at NSA Naples.

Deck Party

Thursday, Sept. 3 • Begins at 11 a.m.
Grill your own meat or make your own pizza.
MWR provides gas grills and pizza oven.



Labor Day Specials

Monday, Sept. 7

Boat tour

Cruise the Bay of Gaeta. Call or stop by Customer Service Desk to register or for more information. Register by Sept. 3.

Olde Mill Inn Park

Enjoy your holiday at the park. Pack a picnic and enjoy the sports courts and playgrounds. Reserve a picnic pavilion by calling the Customer Service Desk.



Afternoon Sports

Tuesday, Sept. 8
3–5 p.m. • Olde Mill Inn Park
MWR staff will be at the park, so you may check out sports equipment to play your favorite sport such as volleyball, tennis, softball or dodgeball. All ages are welcome.

Come and Play

Thursday, Sept. 10
10 a.m.–Noon • Olde Mill Inn
USO will join us to kick off opening day!
This parent-driven program is where children (infants, toddlers and school-age children) can play, learn and grow with their peers. School-age children can read a book, play sports or catch up on homework.
Parents may share ideas and experiences.
MWR provides some program supplies and craft ideas.
The program continues through May 31, 2027.

Game Night

Friday, Sept. 11 • Begins at noon
Explore all the fun sports games on Nintendo Switch.
Challenge your friends and MWR staff to a game.

Italian Made Easy

Monday, Sept. 14, 21 and 28 • 10 a.m.
Group lessons for adults. For more information and to register, contact the Customer Service Desk. Register by noon, Sept. 10.
Minimum three people for lesson to proceed. Private lessons for adults and children are available upon request.

Paint Party

Tuesday, Sept. 15 • 10:30 a.m.–Noon
Big brushes, little hands and endless color! You choose the paint — finger paint, watercolor or tempera. Be prepared to get messy or bring an apron. The session is for children and adults.

Ping-Pong Challenge

Friday, Sept. 18
Challenge your friend or an MWR staff member to a game of ping-pong.

Tie-Dye Fun

Tuesday, Sept. 22 • Begins at 11 a.m.
Bring a white t-shirt (it does not have to be plain) and MWR provides the supplies to add some fun color vibes to your style.

Shop the New Fall Arrivals

Friday, Sept. 25 • Depart 8:30 a.m.
Call for cost
MWR takes you to Campania Mall. The bus leaves from Fleet Landing. For more information and to register, call the Customer Service Desk. Register by noon, Sept. 23.

Sand Art

Wednesday, Sept. 30 • 10 a.m.–Noon
Use colored sand to design art. Free while supplies last.
Fun for children and adults.

Fun opportunities abound in Gaeta!

Stop by the Customer Service Desk to learn about siteseeing tours, discounted tickets to a spa, group exercise classes and leisure classes. Stay connected by following the Gaeta MWR Facebook page.

AUGUST

GROUP FITNESS SCHEDULE

Support Site Fitness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-9:30 a.m. Functional Boot Camp with Vicky	8:30-9:30 a.m. Fit Pump⁶ with Amelia	8:30-9:30 a.m. Fit Box with Vicky	8:30-9:30 a.m. Fit Pump⁶ with Amelia	8:30-9:30 a.m. Circuit Training with Amelia
8:30-9:30 a.m. Pilates¹ with Emilia	9:45-10:45 a.m. Zumba⁹⁷ with Amelia	8:45-9:30 a.m. Family Flow Yoga with Amelia	9:45-10:45 a.m. Mobility and Stretching with Amelia	8:30-9:30 a.m. Pilates¹ with Emilia
9:30-10:30 a.m. Barbell 101 with Federico	11 a.m.-Noon Teen Strength and Conditioning² (Teens in grades 7-12) with Kacee	9 a.m. Back to School 5k Thursday, Aug. 6 Central Park	11 a.m.-Noon Circuit Training with Amelia	9:30-10:30 a.m. Barbell 101 with Federico
9:45-10:45 a.m. Fit Box with Vicky	1-2 p.m. Yoga³ with Amanda	9:45-10:45 a.m. Fit Pump⁶ with Amelia	11 a.m.-Noon Teen Strength and Conditioning² (Teens in grades 7-12) with Kacee	9:30-10:30 a.m. Glutes and Core¹⁴ with Amelia
11 a.m.-Noon Family Fitness at Central Park with Vicky	3-4 p.m. Ballet⁸ (3-6 year olds)	11 a.m.-Noon Weight Training with Vicky	3-4 p.m. Modern Dance¹³ (3-6 years old)	
11 a.m.-Noon Teen Strength and Conditioning² (Teens in grades 7-12) with Kacee	3:30-4:30 p.m. Restorative Yoga Flow⁹ with Amanda	11 a.m.-Noon Teen Strength and Conditioning² (Teens in grades 7-12) with Kacee	4-5 p.m. Modern Dance¹³ (7-9 years old)	
4-5 p.m. Yoga³ with Amanda	3:30-5:15 p.m. 108 Sun Salutations "Sip 'n Stretch Series" Tuesday, Aug. 25	4-5 p.m. Circuit Training¹¹ with Amelia	5-6 p.m. Modern Dance¹³ (10-17 years old)	
5:15-6 p.m. Cycling⁴ with Amanda	4-5 p.m. Ballet⁸ (7-9 years old)	5:30-6:30 p.m. Jiu-Jitsu¹² (16 years and older)	6:30 p.m. Iron and Ash Run Club	
5:30-6:30 p.m. Beginner Jiu-Jitsu⁵ (16 years and older)	5-6 p.m. Ballet⁸ (10-17 years old)	6:30-7:30 p.m. Jiu-Jitsu¹² (16 years and older)	6:30-7:30 p.m. Jiu-Jitsu¹⁴ (5-15 years)	
6:30-7:30 p.m. Advanced Jiu-Jitsu⁵ (16 years and older)	6:30-7:30 p.m. Jiu-Jitsu¹⁰ (5-15 years old)		7:30-8:30 p.m. Jiu-Jitsu¹⁴ (16 years and older)	
	7:30-8:30 p.m. Jiu-Jitsu¹⁰ (16 years and older)			

¹Fitness on Demand Aug. 14 and 17

²Classes held weeks of Aug. 3 and Aug. 10. No classes weeks of Aug. 17, Aug. 24 and Aug. 31. Classes will resume in September after school.

³Fitness on Demand Aug. 10 and 11

⁴No class Aug. 10

⁵No class Aug. 24, make up class Aug. 5, 12 or 19

⁶Fitness on Demand Aug. 4, 5 and 6

⁷Fitness on Demand Aug. 4

⁸Class Aug. 18 only

⁹Fitness on Demand Aug. 11

¹⁰No class Aug. 25, makeup class Aug. 5, 12 or 19

¹¹Fitness on Demand Aug. 5

¹²No class Aug. 26, makeup class Aug. 5, 12 or 19

¹³Class Aug. 20 only

¹⁴No class Aug. 20, make up class Aug. 5, 12 or 19

Command PT

by request

Please schedule with front desk staff.

Fee based class descriptions



Support Site Group exercise class descriptions



Fee-based class. Go to <https://myffr.navyaims.com> to register and pay.

For more information, call Capodichino Fitness Center at 081-568-4265/DSN 626-4265.

Connect with MWR 24/7, navymwrnaples.com www.facebook.com/mwrnaples [nsanaplesMWR](https://www.instagram.com/nsanaplesMWR)



AUGUST

GROUP FITNESS SCHEDULE

Capodichino Fitness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			6:30-7:15 a.m. Cycling¹ with Amanda	
7-7:45 a.m. Functional Training¹	7-7:45 a.m. Functional Training¹	7-7:45 a.m. Functional Training¹	7-7:45 a.m. Functional Training¹	7-7:45 a.m. Functional Training¹
11:05-11:50 a.m. Yoga Flow with Katie		11:05-11:50 a.m. Yoga Flow with Katie		11:05-11:50 a.m. Slow Flow with Katie
		11:30-12:15 p.m. Cycling² with Amanda		
Noon-12:30 p.m. Functional Express	Noon-12:30 p.m. Strength and Sculpt with Katie	Noon-12:30 p.m. Functional Express	Noon-12:30 p.m. Movement Lab with Katie	Noon-12:30 p.m. Functional Express

Command PT

by request
Please schedule with
front desk staff.

¹No class weeks of Aug. 20 and Aug. 27

²No class Aug. 12 and 13

Capodichino
Group exercise
class descriptions



Fitness Yurt, Carney Park

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9-10 a.m. Pump with Vicky		9-10 a.m. Pump with Vicky	
	10-11 a.m. Core with Vicky		10-11 a.m. Core with Vicky	
	11 a.m.-Noon Family Fitness* with Vicky		11 a.m.-Noon Family Fitness* with Vicky	

*Open to all families

Carney Park
Group exercise
class descriptions



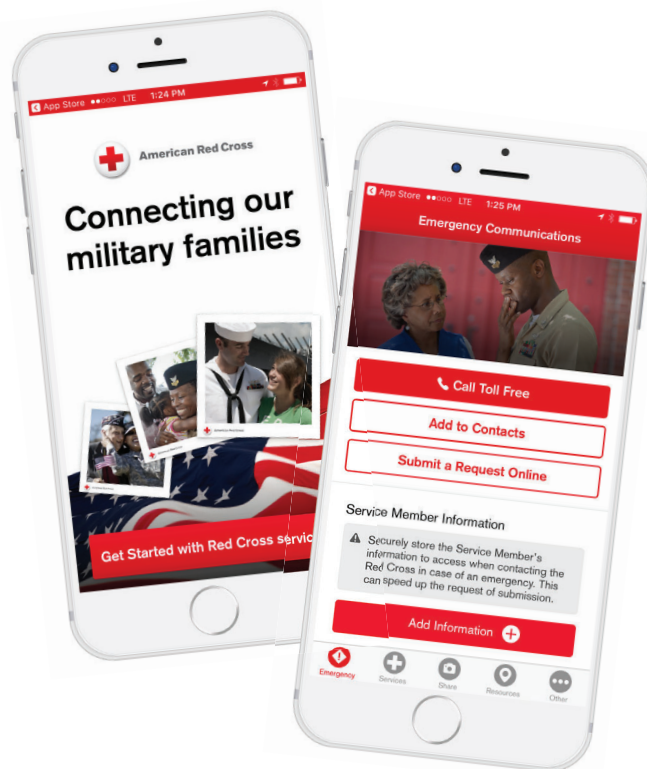
For more information, call Capodichino Fitness Center at 081-568-4265/DSN 626-4265.

Connect with MWR 24/7, [nayymwrnaples.com](https://www.nayymwrnaples.com) www.facebook.com/mwrnaples [nsanaplesMWR](https://www.instagram.com/nsanaplesMWR)



FREE Hero Care mobile app

With the Hero Care mobile app, we are making it easy for service members, veterans and their families to connect with the American Red Cross from anywhere around the world, exactly when they need us most.



Our new Hero Care mobile app enables users to:

- Request critical Red Cross services, including requests for emergency travel and financial assistance, along with emergency messages to loved ones.
- Access non-emergency services, such as mental health support for military spouses and children.
- Access resources and information provided by trusted community partners and government agencies.
- Use the app in English or Spanish and contact our call center, which has multi-lingual staff 24/7.
- Store and access service member's information in case of an emergency.



Text GETHEROCARE to 90999 to receive a link to download the app. Scan the QR Code to the right, or visit redcross.org/mobileapps to download the app through the Apple App Store or Google Play Store.



For other Red Cross tools and preparedness information, visit redcross.org/mobileapps to download additional FREE mobile apps today.



**American
Red Cross**



NAPLES TIGER SHARKS

SWIM TEAM TRYOUTS

- **August 11 & 12**
support site pool



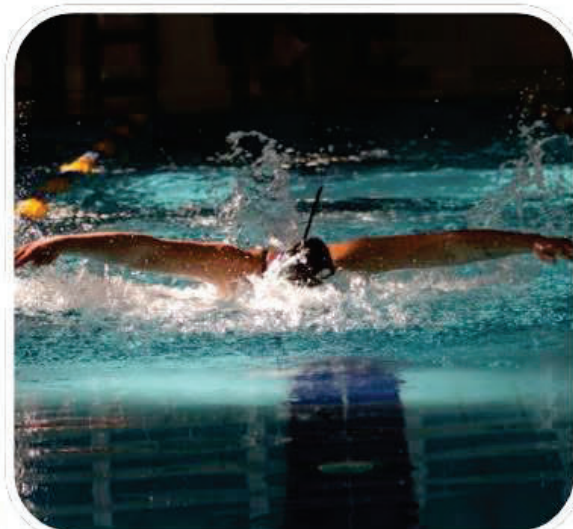
**REGISTER &
CHOOSE YOUR
TIME SLOT HERE**



NAPLES TIGER SHARKS (NPS) IS A
COMPETITIVE SWIMMING ORGANIZATION
OFFERING TRAINING AND REGIONAL
COMPETITION FOR SWIMMERS AGES 6-18YRS
WITHIN THE NSA NAPLES AND JFC
COMMUNITIES.

EMAIL FOR ANY QUESTIONS:
NPSPRESIDENT@GMAIL.COM

Recognized as a Lettering Sport at Naples MHS



Find us on Facebook or Sports Engine [@naplestigersharks](https://www.facebook.com/naplestigersharks)

NAPLES TIGER SHARKS

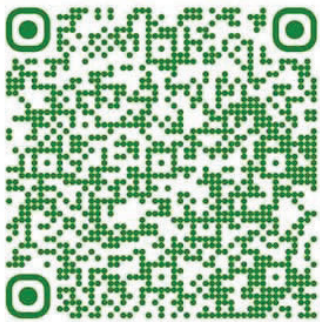
SUMMER SWIM BOOTCAMP

**AUGUST
4-6
3-7pm**


**SUPPORT
SITE POOL**

\$50
PER SWIMMER

SIGN UP HERE



An opportunity to get swimmers back in the water before try-outs!



Coaches will be present and supporting swimmers.

Participants should have basic proficiency in at least 2 strokes



Swimmers will be assigned a time slot based on skill level. The MWR swim test must be completed prior.

EMAIL

NPSPRESIDENT@GMAIL.COM



SEPTEMBER

FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

▲ AREA ORIENTATION

Area Orientation (mandatory for newcomers)
Sept. 2 and 3, Sept. 16 and 17, Sept. 30 and Oct. 1
Wednesday, 7:45 a.m.-2 p.m.
Thursday, 7:45 a.m.-3 p.m.
Reel Times 2 Cinema, Support Site

Cultural Assimilation Trips to Downtown Naples
Friday, Sept. 4 and 18 | 7:45 a.m.-2:30 p.m.

🌱 LIFE SKILLS

Focus Forward:
Time Management and Goal Setting
Thursday, Sept. 10 | 10-11 a.m.
Mind Body Mental Fitness at Midday:
Living Core Values
Friday, Sept. 11 | 12:30-1:30 p.m.
Fostering Wellness:
Self Care, Stress Management and Healthy Relationships
Thursday, Sept. 24 | 10-11 a.m.
Mind Body Mental Fitness at Midday:
Flexibility
Friday, Sept. 25 | 12:30-1:30 p.m.

👤 NEW PARENT SUPPORT HOME VISITATION PROGRAM

Postpartum Support Group
Wednesday, Sept. 2 and 16 | 10-11:30 a.m.
Family Housing Community Center, Support Site

👤 SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

SAPR trainings are subject to change.

Victim Advocate Refresher Training
Thursday, Sept. 10 | Noon-2 p.m.
Capodichino FFR Conference Room

Resident Advisor Training
Tuesday, Sept. 15 | Noon-2 p.m.
Capodichino FFR Conference Room

Common Military Training (CMT)
Thursday, Sept. 24 | 11 a.m.-1 p.m.

Step Forward for Prevention 5k run/1.5k walk

Suicide, sexual assault and domestic violence awareness

*In partnership with MWR
Supported by American Red Cross, Stars and Stripes and USO*

Wednesday, Sept. 30 | 4-5:30 p.m.
Central Park, Support Site

Open to the NSA Naples community.

*Virtual class



INTERCULTURAL RELATIONS

Easy Italian (Beginners)
Tuesday, Sept. 1, 8 and 15 | 10:30 a.m.-12:30 p.m.

Intercultural Relations Trip:
Winery Tour with Grape Stomping
Thursday, Sept. 10 | 9:30 a.m.-2:30 p.m.

Italian at Lunch Time (Basic Italian for beginners)
Monday, Sept. 14 and 21 | 11 a.m.-12:30 p.m.
Capodichino FFR Conference Room



PERSONAL FINANCIAL MANAGEMENT

Paying for Higher Education
Thursday, Sept. 3 | 10-11 a.m.

Emergency Money Management
Thursday, Sept. 17 | 1-2 p.m.



FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

LinkedIn Profiles
Wednesday, Sept. 2 | 9-11 a.m.

Federal Hiring Basics
Wednesday, Sept. 2 | 11:30 a.m.-1 p.m.



FAMILY READINESS

Volunteer Orientation with American Red Cross*
Wednesday, Sept. 16 | 1:30-2:30 p.m.

Ombudsman Appreciation Luncheon
Friday, Sept. 18 | 12-3 p.m.

Ombudsman Coffee Resource Roundtable
Tuesday, Sept. 22 | 9-10 a.m.



EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

EFMP 101 for Family Members
Tuesday, Sept. 1 | 9:30-10:30 a.m.

Command POC Training*
Thursday, Sept. 10 | 11 a.m.-12 p.m.

Introduction to IF SPs, IEPs and 504 Plans
Wednesday, Sept. 16 | 10 a.m.-12 p.m.

Moving with your Exceptional Family
Friday, Sept. 25 | 3-4 p.m.



RELOCATION

Sponsorship Training
Thursday, Sept. 24 | 9 a.m.-12 p.m.
Command Conference Center, Capodichino



FAMILY ADVOCACY PROGRAM

Lunchtime Learning for Leadership:
Working with Victim Advocates
Friday, Sept. 11 | 11:30 a.m.-12:30 p.m.
Capodichino FFR Conference Room

Recognizing and Eradicating Emotional Abuse
Friday, Sept. 18 | 11:30 a.m.-12:30 p.m.
Capodichino FFR Conference Room



TRANSITION ASSISTANCE PROGRAM

Must be registered by Command Career Counselor

Pre-Separation Executive TAP Workshop
Monday-Wednesday, Sept. 14-16 | 8 a.m.-4 p.m.

Department of Labor Employment Workshop (DOLEW)
Thursday and Friday, Sept. 17 and 18 | 8 a.m.-4 p.m.

Capstone Event
Tuesday, Sept. 29 | 9 a.m.-12 p.m.

VIRTUAL WORK AND FAMILY LIFE PROGRAMS

Visit mynavyfamily.com to create an account and access virtual classes and online resources.

Scan the QR code below to book a 1:1 consultation with a team member.



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command



USO NAPLES

LADIES NIGHT SERIES

PAINT & MOCKTAILS

WEDNESDAY
AUG 19
1730-1900



Grab a friend and join us for Ladies Night!

Join us at the Community Center for a relaxing evening of creativity, connection, and fun! Our lead USO volunteer and professional artist will guide you step-by-step as you create your own masterpiece—no experience necessary.

Enjoy mocktails, light refreshments, great conversation, and a welcoming atmosphere.

🎨 All supplies provided.

🍹 Mocktails & refreshments included.

Open to all Active Duty Service Members, Military Spouses, and U.S. Military ID Card Holders.



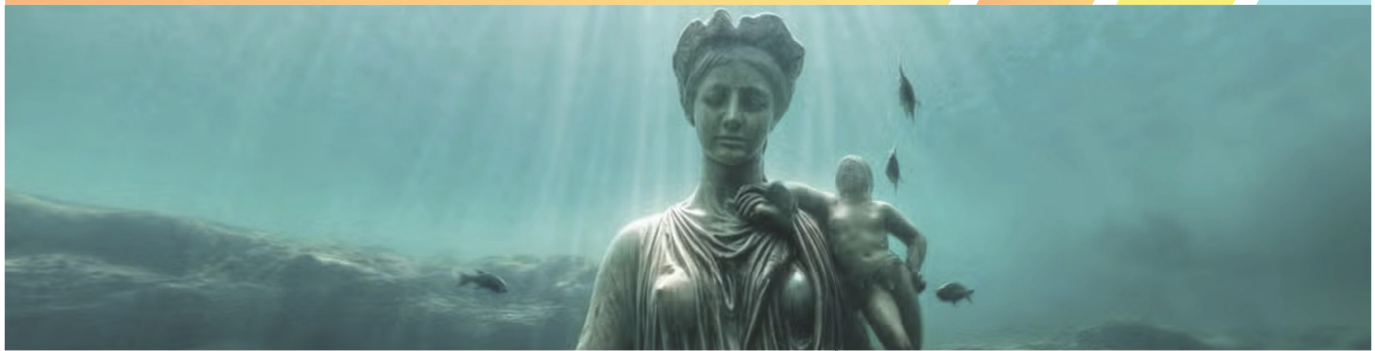
USO.org/CENTERS



<https://bit.ly/ladiespainting>

AUGUST Liberty Activities

For E1-E6 single and unaccompanied service members



Your off-duty connection to **fun and recreation!**

ONE-DAY TRIPS



Shopping Shuttle

Tuesday, Aug. 4, 11, 18 and 25
5:30-8 p.m.

Need to go off base for weekly food or home goods shopping, but no car? The Liberty shuttle goes to various nearby shopping areas.



Pizza by the Lake

Friday, Aug. 7
6-9:30 p.m.

Craving pizza? Join the Liberty crew on this trip where you will have dinner with a stunning view of a volcanic lake. After dinner, go for a walk or enjoy a gelato. Please bring euro for food.



Brewery Tour

Saturday, Aug. 8
9:30 a.m.-5 p.m.

€55 (pay at venue for brewery tour and lunch)
Embark on a unique journey to uncover all the secrets of beer brewing at a brewery nestled at the foot of the Matese mountains.



Shopping and Go-Karts

Friday, Aug. 21
6-9 p.m.

Challenge your friends in a wheel-to-wheel race and take advantage of an evening of shopping at the mall. Bring euro for go-karts, shopping and dinner.



Glass-bottom Boat

Saturday, Aug. 22
9:30 a.m.-4 p.m.

€20 (pay at venue)
Discover one of Italy's most extraordinary archaeological wonders aboard a glass-bottom boat that allows you to admire the submerged treasures of the Underwater Archaeological Park of Baia. Bring euro for lunch.



Naples by Night

Friday, Aug. 28
5-9 p.m.

Naples in the evening is a vibrant sensory experience where the city's ancient, gritty streets transform into bustling social hubs. From iconic waterfront promenades and illuminated historic piazzas to legendary pizzerias, the city offers a lively atmosphere. Bring euro for dinner.



La Reggia Outlet

Saturday, Aug. 29
10 a.m.-4 p.m.

Find famous brands at reasonable prices. Don't miss the summer sales! Sign up now. Bring euro for lunch and shopping.

Liberty Night at Strikers

Monday, Aug. 3, 10, 17, 24 and 31
6-8:30 p.m.

Strikers Entertainment Center

Start the week off with a strike! Liberty patrons bowl free with ID.

Reel Times 2 Wednesdays

Wednesday, Aug. 5, 12, 19 and 26
5 p.m. and 6 p.m. showings

Reel Times 2 Cinema

Liberty patrons can see a movie and enjoy popcorn for free with a valid ID.

Italian Culture Night

Thursday, Aug. 6
5:30-7:30 p.m.

Learn more about Italy. Learn useful everyday phrases and greetings. Discuss and explore cultural differences and, of course, sample amazing Italian food. It's a great opportunity to make new friends while discovering more about our host country.

Be in the Know @ Capo

Wednesday, Aug. 12 and 26
11 a.m.-12:30 p.m.

Stop by and learn all about Liberty's upcoming trips, programs and events. Have a suggestion? Tell the Liberty team and let's plan it!

National Happiness Day Celebration

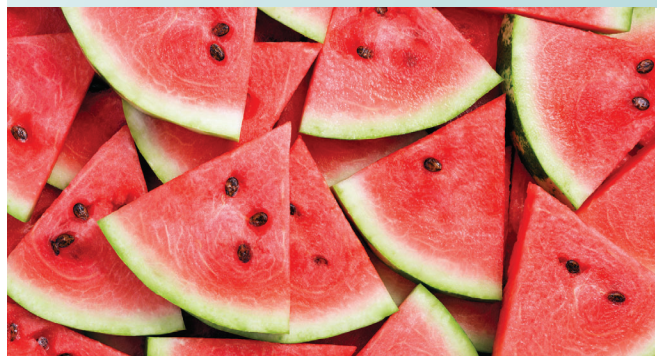
Thursday, Aug. 13
5-7:30 p.m.

What better way to celebrate National Happiness Day than with a free bowl of ice cream!

Watermelon Fest

Thursday, Aug. 20
5:30-7 p.m.

Beat the heat with a cold slice of watermelon. Play outdoor games in a relaxed atmosphere, too.



- Trips leave from Support Site Liberty BEQ Bldg. 2087 parking lot.
- \$5 trip fee per trip

All events are at the Support Site Liberty Center unless specified.

For more information, call 081-811-4705 / DSN 629-4705.

#MeetMeAtLiberty www.navywmrnaples.com

www.facebook.com/libertynaples

[instagram.com/nsanaplesliberty](https://www.instagram.com/nsanaplesliberty)





Live Music at the Park



Friday, Aug. 28
Carney Park Country Club Restaurant
Begins at 6 p.m.

Enjoy the ambiance of a summer's evening at Carney Park
while listening to a five-piece band.

Have dinner while experiencing the show!



Reservations are not required. If you wish to guarantee a table, scan here to reserve online.



AUGUST 2026

★ Family Programs ★

FUN. CONNECTION. COMMUNITY.

All events are **FREE** and open to our military community!

WED 5 AUG		SUNSET YOGA Stretch, relax, and recharge as the sun goes down.	6:30 PM – 7:30 PM Central Park
FRI 7 AUG		FRIDAY LUNCH AND FUN Enjoy lunch, games, and time to relax and connect!	11:00 AM – 12:00 PM Village Forum
WED 12 AUG		TRY IT WEDNESDAY VOLUNTEER RECRUITMENT Learn how you can make a difference!	11:00 AM – 12:00 PM NEX Food Court
WED 19 AUG		LADIES PAINT NIGHT Unwind, get creative, and enjoy great company!	5:30 PM – 7:00 PM Community Center
THU 26 AUG		CRAFT ATTACK Get crafty and make something awesome!	1:45 PM – 2:45 PM Village Forum
FRI 28 AUG		MIL SPOUSE WELCOME COFFEE New to Naples? Let's connect and build community!	10:00 AM – 11:30 AM Support Site
MON 31 AUG		TODDLER TIME Stories, play, and fun for our little ones!	10:00 AM – 11:00 AM Community Center

★ USO LOCATIONS & HOURS ★



USO CAPODICHINO LOUNGE

Air Terminal

Open Monday to Thursday

0830 – 1630



VILLAGE FORUM

Support Site

Open Monday to Friday

1000 – 1630

**YOU SERVE.
WE SUPPORT.**



**FOR THE MISSION.
FOR YOU.**



STAY CONNECTED
 @uponaples
uso.org

See a movie

at Reel Times 2 Cinema



New stadium seating!



Scan here for a
weekly schedule

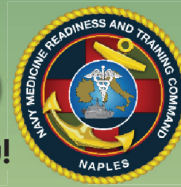
Reel Times 2 cinema





Naples Mental Health Roadmap

Are you stressed and want help, but don't know where to start? We got you!



FAMILY, FRIENDS, & CHAIN OF COMMAND

- First resource is existing support system
- Trusted, personal, and least intrusive
- Talk to a front-line leader or supervisor



CHAPLAINS

24/7 Duty Chaplain
+39 366-680-5972

- 100% confidential
- Promotes personal well-being
- Religious guidance and spiritual counseling
- No referral needed



MILITARY & FAMILY LIFE COUNSELING

Scan QR code below for local contacts

- Non-medical counseling & classes
- Duty to Warn reporting requirements
- No referral needed
- No medical record documentation



FLEET & FAMILY SUPPORT CENTER

Appointments: +39 081-811-6372
Virtual Clinical Counseling: +1 855-205-6749

- Non-medical counseling for individuals, couples, families, and youth
- Life Skills: Stress management, coping, relationships, finances
- No referral needed
- No medical record documentation



MILITARY ONESOURCE

Contact: 00-800-342-9647

MilitaryOneSource.mil

- Non-medical counseling for military personnel and family members
- Life Skills: Stress management, coping, relationships, finances
- No referral needed
- No medical record documentation



USNH NAPLES MENTAL HEALTH

Appointments: +39 081-811-6306 | DSN: 629-6306

- Adult individual and group therapy, psychiatry services, and substance abuse evaluations and treatment (SARP)
- Authorized for military duty determinations
- Provider may communicate with your CO and other medical staff
- Active Duty have priority for services
- No referral needed
- Medical record documentation

USNH NAPLES MEDICAL HOMEPORT

Appointments: +39 081-811-6000
DSN: 629-6000

- Medication management and specialty referral as needed
- Provider may communicate with your CO and other medical staff
- Medical record documentation



EMERGENCY ROOM

+39 081-568-4911 | DSN: 911

- Danger to self, others, or gravely disabled
- Not for routine access to care
- Provider will communicate with your CO and other medical staff

988 | **SUICIDE & CRISIS LIFELINE**

In the European Union
00 1 (844) 702-5495

SCAN HERE FOR A FULL LIST OF MENTAL HEALTH RESOURCES



HIGH ← INDIVIDUAL LEVEL OF STRESS → LOW



Your roadmap to Naples Elementary School New Student Registration

● Get Ready

Gather your documents



- » Proof of sponsor's overseas status (orders, employment status or billing letter)
- » Proof of relationship to sponsor
- » Proof of age (birth certificate or passport)
- » Immunization record and other pertinent medical information
- » Emergency contact information
- » Previous school records (official or unofficial)
- » Copy of IEP or 504 plan, if applicable
- » **Note:** Families paying tuition should complete review of information before registration.

● Register

Preregistration begins online



- » Create a DoDEA Student Information Registration System (DSIS) account at www.dodea.edu/registration. Register on a computer or laptop. (The Website does not work well on phones and tablets.)
- » Upload supporting documents and information.
- » Notify school registrar at Lianeliz.LeonMelendez@dodea.edu of online completion for further guidance.

● Transportation

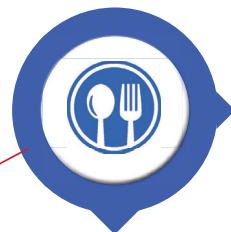
Ask questions and make an appointment



- » School Transportation Office at +39 0444-106-0250 or Naples.SBO@dodea.edu.

● School Meal Program

Online instructions



- » To apply for free or reduced-priced student meals, visit <https://linqconnect.com>.
- » Incoming families should reapply for the school meal program as previous location qualifications may be different.
- » Meal information, payment information, recurring payments and notifications are available at <https://linqconnect.com>. Choose DoDEA — Navy Exchanges (Alexandria, Va.) when creating an account.
- » Lunch line PINs are generated via email by LINQ Connect after school enrollment.
- » For questions about the school meal program, call NEX Customer Service at +39 081-811-4717.
- » Allergies? See the school nurse.

● Communication

Get the latest information



- » La Delfina Newsletter (emailed on Fridays)
- » www.facebook.com/NaplesES
- » www.facebook.com/groups/naplespta
- » www.navymwrnaples.com/child-youth/school-liaison
- » www.facebook.com/napleschildandtheyouthprograms
- » www.instagram.com/naples_CYP
- » Have questions? Contact the NSA Naples School Liaison at +39 081-811-6549 or via email at NaplesSLP@us.navy.mil.





Saturday, August 1

WATER BOTTLE GIVEAWAY



At select stores only; event times and activities vary by location.
See store for details. First come, first served. While supplies last.
For ages 17 and under. Child must be present. One per child.



AUGUST UPDATES 2026

OFFICE & UNIFORM LOCKER ARE LOCATED BY CAPO FITZONE & COMMUNITY BANK

- *Postpartum Support Group*
- *Budget For Baby Workshop*
- *Uniform Locker (Capo)*
- *Thrift Store (Support Site)*
- *Financial Assistance*
- *Financial Education*
- *Visiting Nurse*
- *Education Assistance Program*

ONE LINK TO RULE THEM ALL

linktr.ee/nmcrcsnaples

All program, office, and open position details are now available here!

Naples Thrift Shop~August 2026

PSC 817 BOX 97, FPO AE 09622-0097 | (081) 568-3913 | NAPLES@NMCRS.ORG



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PLEASE FIND ALL PROGRAM AND CONTACT INFO HERE						1 SHOP & DONATE 9am-12pm
2  linktr.ee/naplesnmcrcs	3	4 CLOSED FOR SUMMER BREAK	5 Postpart Group	6	7	8
9	10	11 CLOSED FOR SUMMER BREAK	12	13	14	15 SHOP ONLY Back2School 9am-12pm
16	17	18 SHOPPING & DONATIONS 10am-1pm Budget for Baby	19 3pm-6pm Postpart Group	20	21	22
23	24	25 SHOPPING & DONATIONS 10am-1pm	26 3pm-6pm	27	28	29
30	31					



NAVY-MARINE CORPS
RELIEF SOCIETY®



NSA Naples
FLEET & FAMILY
SUPPORT CENTER



POSTPARTUM SUPPORT GROUP

We welcome new parents and children under 5
-exclusive Thrift Store shopping time for attendees-
no registration required

1ST AND 3RD WEDNESDAY OF THE MONTH

Support Site Community Center from 10am-11:30am

NMCRS Thrift Store shopping will be after group time on the last Wednesday only. This event is facilitated by the NMCRS Visiting Nurse and FFSC New Parent Support Home Visitor.

NMCRS Contact: naples@nmcrs.com

NPSHV Contact: Kathi.B.Conrad.naf@us.navy.mil



**American
Red Cross**

**Adult & Pediatric
First Aid/AED +**

CPR Training



**Blended learning format:
Online & In-person**

We also offer:

**Babysitter certification
with CPR/AED/First Aid**

 081-568-4788

 naples@redcross.org

**Upcoming classes
and registration**





**American
Red Cross**

Service to the Armed Forces

VOLUNTEERS WELCOME!



**Interested in
joining us?**



Call us at 081-568-4788 or send us
an email at naples@redcross.org
for questions. We are looking
forward to hear from you!



NSA Naples School Advisory Committees

What is

School Advisory Committee

SAC

The School Advisory Committee (SAC) is a dedicated group of parents, teachers and students (for high school SAC) who work together to enhance the school experience.

- Advises the school principal on school-related, non-personnel matters.
- Provides input on policies, student activities and educational programs.
- Ensures open communication among administrators, military leaders and families.

IAC

Installation Advisory Committee

The Installation Advisory Committee (IAC) brings together representatives from all SACs within NSA Naples to address education-related concerns that impact the installation.

- Advises the military services and DoDEA district superintendents regarding issues concerning students' education within the Naples installation.
- It addresses issues affecting, or that may affect, the educational environment.
- It fosters communication, facilitates problem solving and recommends action to appropriate officials.

Key differences:

SAC

School-level focus, led by the principal to resolve school-specific concerns.

IAC

Installation-wide focus, chaired by the Naples Elementary School/Naples Middle High School President to bring school-wide concerns that could not be solved/addressed at the SAC to the larger command group to problem solve.

Why Get Involved?

Your voice matters! These committees ensure parents, students and educators have a say in shaping education within NSA Naples.

School Year 2026-2027 Meeting Dates:*

NES SAC

Oct. 7 and Dec. 9, 2026; Feb. 10 and May 12, 2027 at 4 p.m., NES Media Center

NMHS SAC

Sept. 24 and Nov. 12, 2026; Feb. 11 and April 22, 2027 at 4 p.m., NMHS Library

IAC

Oct. 28 and Dec. 16, 2026; Feb. 24 and May 26, 2027 at 4 p.m., NMHS Library

Attend the meetings virtually through Microsoft Teams.
Scan here for access information for each meeting.



*Additional dates may be added to reflect community needs.



For more information or to get involved, please contact the NSA Naples School Liaison:



NaplesSLP@us.navy.mil



081-811-6549 | DSN-629-6549



LET'S DO LUNCH



1



REGISTER EACH STUDENT WITH DOWEA (NEW STUDENTS)

- Obtain 10-digit DoWEA Student ID# from school registrar
- You will need each student's ID# for Step 2 & 3.

2



REGISTER YOUR FAMILY ON LINQCONNECT (OPTIONAL)

- Visit linqconnect.com to register your family
- Make online payments for each student's meal accounts
- Remotely monitor student accounts, set parental restrictions and set up automatic recurring payments
- Submit an online application for free or reduced meals

3



OPTIONS FOR DEPOSITING MONEY INTO YOUR STUDENT'S ACCOUNT

- Make deposits at your local NEX Customer Service
- Add money to your student's account online (\$2.60 bank convenience fee each time. To save on processing fees, make one payment and transfer funds from one student account to another.)

4



START HERE TO SUBMIT YOUR SY 26-27 APPLICATION

- Apply at <https://linqconnect.com> (DoWEA – Navy Exchange, Alexandria, VA)
- Follow the Tip Sheet for inclusions and exclusions.
- A new application is required for each school year and each move.



QUESTIONS?

Email NaplesSLP@us.navy.mil



Fun Alert

LET'S MEET UP

Hang out with friends at Strikers!

BOWLING

Family Bowling

Sundays

2-6 p.m.

\$2 per person per game, \$1.50 shoe rental or

\$10, one hour of bowling includes shoes

(valid for families only)

After School Bowling Deal

Mondays

3-5 p.m.

Two free games of bowling and free shoes per student

Dollar Day Bowling

Tuesdays

11 a.m.-5 p.m.

\$1 per game, per person

\$3 shoe rental

Free Lunchtime Bowling

Wednesdays and Fridays

11 a.m.-1 p.m. • With proof of purchase of combo meal at Strikers Grill

\$3 shoe rental

Happy Hour Bowling

Thursdays

5-7 p.m.

\$25, two hours bowling includes shoes rental

(maximum three people per lane)

Cosmic Bowling

Fridays

9 p.m.-12 a.m.

\$3 per person per game, includes shoes or

\$15, one hour bowling includes shoes

(Maximum four people per lane.)

Rock 'n roll to glowing pins and bowling balls under the black lights. Groove to funky music in the striking atmosphere. See bowling in a whole new light at Strikers Entertainment Center!

O'RHYS IRISH PUB

Spades Tournaments

Tuesday, July 28, Aug. 18, Sept. 8, Nov. 17 and Dec. 1

7-9:30 p.m.

Registration begins at 6:30 p.m. on the evening of the tournament.

Bring your game and the smack talk that comes with it.



Trivia Nights

Wednesdays

6:30-8 p.m.

Have fun answering trivia questions on a wide and funny range of topics!



Saturday Night Karaoke

Saturdays

10 p.m.-1 a.m.



Game Nights

Tuesday, Aug. 11, Oct. 13, Nov. 10 and Dec. 15

6:30-9:30 p.m.



BILLARDS

Billards Tournaments

Friday, July 24, Aug. 7, Sept. 4, Oct. 9, Nov. 6 and Dec. 4

Begin at 7 p.m.

Registration begins at 6:30 p.m. on the evening of the tournament.



King of the Table

Friday, Aug. 21, Sept. 18, Oct. 23, Nov. 20 and Dec. 18

Begin at 7 p.m.

Registration begins at 6:30 p.m. on the evening of the tournament.

No events and specials do not apply on U.S. holidays. Events/dates subject to change.

For more information, call 081-629-6976 | DSN 629-6976.



Hungry?

Short on time?

Place your order on the Strikers Grill app

By the time you get to Strikers Grill,
your food will be waiting for you!

It's convenient for breakfast, lunch and dinner.



How to Order

in just a few easy steps:

- Step 1** Download the Strikers Grill delivery app from Apple App store or Google Play store.
- Step 2** Open the app, choose your favorites and add them to your cart.
- Step 3** Enter your payment info and place order.

Once accepted you'll get a "ready for pickup" notification. Then head over to Strikers Grill to walk-in, or pull into a curbside pickup bay!

Strikers Grill Hours

Monday-Friday, 7 a.m.-9 p.m.
Saturday and U.S. holiday, 10 a.m.-9 p.m.
Sunday, Noon-7 p.m.

Breakfast served:

Weekdays, 7-11 a.m.
Saturday, 10 a.m.-Noon
Sunday, Noon-3 p.m.

For more information, call 081-811-4070 | DSN 629-4070
or 081-811-6988 | DSN 629-6988.



TRANSITION ASSISTANCE PROGRAM (TAP) 2026 WORKSHOPS

FLEET AND FAMILY SUPPORT CENTER U.S. NAVAL SUPPORT ACTIVITY NAPLES, ITALY

CORE WORKSHOPS

Pre-Retirement

26 -28 JAN
27- 29 APR
13- 15 JUL
16 - 18 NOV

Pre-Separation

12-14 JAN 3-5 AUG
9-11 FEB 24-26 AUG
16-18 MAR 26-28 OCT
13-15 APR 7-9 DEC
11-13 MAY 11-13 JAN
8-10 JUN 2027

Executive TAP

2-4 MAR*
14 - 16 SEP*
***MUST BE AN
E9,W4,OR O5 & ABOVE
NO EXCEPTIONS***

Transition Tracks

EMPLOYMENT	ENTREPRENEURSHIP	VOCATIONAL	EDUCATIONAL
DEPARTMENT OF LABOR (DOL) EMPLOYMENT WORKSHOP EVERY THURSDAY AND FRIDAY FOLLOWING A CORE TAP WORKSHOP	BOOTS TO BUSINESS Schedule subject to change per availability of SBA instructors 23-24 FEB 22-23 JUN 19-20 OCT	CAREER AND CREDENTIAL EXPLORATION (C2E) 9-10 MAR 4-5 MAY 10-11 AUG 2-3 NOV	MANAGING YOUR (MY) EDUCATION 8-9 JAN 9-10 APR 9-10 JUL 15-16 OCT

TAP is a DoD-wide program; therefore, all TAP workshops follow the same curriculum across all branches and ranks to include Pre-Retirement, Pre-Separation, and Executive TAP.



Participants **MUST** register for workshops through their Command Career Counselor.
Workshops are from 0800-1600.



Contact Us



081-811-6372
629-6372



NSANaplesFFSC@us.navy.mil

TRANSITION ASSISTANCE PROGRAM (TAP) 2026 CAPSTONE EVENT CALENDAR

What is the Capstone Event?

Service members participate in a Capstone Event to validate and verify that they are prepared to be successful following military service by producing documentation that they meet all their Career Readiness Standards (CRS).

All service members are required to attend a Capstone Event a minimum of 90 days prior to their separation/retirement date.

2026 Dates

22 JAN: 0900-1200
19 FEB: 1300-1600
11 MAR: 0900-1200
23 APR: 1300-1600
28 MAY: 0900-1200
25 JUN: 1300-1600
28 JUL: 0900-1200
12 AUG: 1300-1600
29 SEP: 0900-1200
5 NOV: 1300-1600
17 DEC: 0900-1200

Required Documentation

At CAPSTONE, please provide the following documents and/or complete the following activities to show Career Readiness Standards (CRS):

- 1. Individual Transition Plan (ITP)**
- 2. Proof of Registration on eBenefits**
(using your DS/ MyAuth Logon).
- 3. Career Documentation:** Submit ONE of the following:
 - Resume
 - Proof of Employment Offer
 - College Acceptance Letter or Enrollment Verification
- 4. Transition Track Completion:** Completion of a Transition Track. **REQUIRED for Tier 3; cannot be waived.** Optional for Tier 1 & 2.
- 5. Tier-Specific Requirements (Tier 2 & 3):**
 - Gap Analysis
 - Post-Separation Financial Plan

Failure to bring all required documents for CRS completed in full will result in having to reschedule your Capstone. If assistance with these documents is needed, please contact your Command Career Counselor or TAP Manager at FFSC.

For any questions or to learn more, email FFSC at NSANaplesFFSC@us.navy.mil



Participants **MUST** register for Workshops and Capstone Events through their Command Career Counselor.



Contact Us



081-811-6372
629-6372



NSANaplesFFSC@us.navy.mil



Stay Connected to

NSA Naples Quality of Life Programs

WEB

This is your one stop for all information about Quality of Life Programs. View upcoming events, hours of operation and learn more about programs and services that help our military community members thrive in the NSA Naples area. The Website includes information for NSA Naples and NSAND Gaeta MWR, Child and Youth Programs, Fleet and Family Support Center and Housing.



www.navymwrnaples.com



SOCIAL MEDIA

Stay connected 24/7 to NSA Naples Quality of Life programs! Learn about the programs, services and events at NSA Naples to take care of our military community members. We want to help you make the most of your time while stationed in Naples.



MWR

facebook.com/mwrnaples



Child and Youth Programs

facebook.com/napleschildandyouthprograms



Liberty

facebook.com/libertynaples



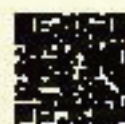
MWR

instagram.com/naplesmwr



Child and Youth Programs

instagram.com/naples_cyp



Liberty

instagram.com/naplesliberty



Fleet and Family Support Center

facebook.com/NaplesFFSC



Naples Housing

facebook.com/NSANaplesHousing



Navy Life Naples

Download Navy Life Naples app

GAETA

The Facebook page includes MWR, Child and Youth Programs, Fleet and Family Support Center, Housing and Liberty information for the NSAND Gaeta community.



facebook.com/mwrgaeta



USO NAPLES

TRY IT WEDNESDAY!

SEE WHAT VOLUNTEERING IS ALL ABOUT

AUG

12

1000-1100



Curious about volunteering with the USO?

Stop by Try It Wednesdays at the NEX from 10:00–11:00 a.m. and experience volunteering firsthand—no long-term commitment required. Spend just 5 minutes helping assemble appreciation drop kits, children's craft kits, or other projects that directly support our military community.

It's a simple way to make a difference, meet the USO team, and see how easy it is to get involved.



USO.org/CENTERS

Teens & Youth

Is Life Feeling Heavy?

It doesn't have to.

Moving again... 😞

Uuugh... overwhelmed!

 **SCHOOL
ADJUSTMENT**

Self-Esteem

SOCIAL MEDIA

Dealing with Body Image

STRESS 

 **RELATIONSHIPS**

Bullying 

 **HOW TO DEAL WITH
MY EMOTIONS**

EMERGENCY CRISIS
DSN: 911
COMMERCIAL:
081-568-4911



Scan for Mental Health Resources.



Teens & Youth

Is Life Feeling Heavy?

It doesn't have to.

moving again...!

Uuugh! overwhelmed!

EMERGENCY CRISIS
DSN: 911
COMMERCIAL:
081-568-4911

Fleet and Family Support Center

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

Military OneSource

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- <https://livechat.militaryonesourceconnect.org/chat>

Military Family Life Counselors

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



Employee Assistance Program

Links employees' family members to qualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- <https://magellanhealth.com/global>



Chaplain

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539
Support Site 081-811-4600 / DSN 314-629-4600
After hours: 366-680-5972

U.S. Naval Hospital

Pediatrics and Family Medicine

To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit www.TRICAREonline.com.

Local Resources

Reach Aut: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or www.carelikehome.org.



Scan for Mental Health Resources.



TICKETS & TRAVEL



SEPTEMBER DAY TOURS

Saturday, Sept. 5

Path of the Gods Hike

Depart Support Site 6 a.m., depart Capodichino 6:30 a.m.
\$78 Adult, \$55 Child 2-11

Sunday, Sept. 6

Horseback Riding in Mt. Vesuvius National Park

Depart Support Site 7 a.m., depart Capodichino 7:30 a.m.
\$67 Adult and children
€65 horse fee

Monday, Sept. 7 Labor Day

Amalfi Coast by bus

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m.
\$139 Adult, \$99 Child 2-11 • Lunch included

Saturday, Sept. 12

Paestum and Mozzarella Farm

Depart Support Site 7:30 a.m., depart Capodichino 8 a.m.
\$82 Adult, \$55 Child 2-11
€15 Paestum Archaeological site entry fee
€6 Bufala farm entry fee

Sunday, Sept. 13

Wine Tasting in Pompeii*

Depart Support Site 10 a.m., depart Capodichino 10:30 a.m.
\$113 Adult, \$89 Child (3-15) • Lunch included

Saturday, Sept. 19

Capri and Anacapri

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m.
\$208 Adult, \$159 child 2-11 • Lunch included
€3 headphone rental

Sunday, Sept. 20

Amalfi and Positano by boat

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m.
\$73 Adult, \$51 Child 2-11
€40 boat fee

Saturday, Sept. 26

Pompeii and Cameo Factory

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m.
\$65 Adult, \$39 Child 2-11
€22 entry fee

Sunday, Sept. 27

Sorrento Shopping and Limoncello Factory*

Depart Support Site 8:30 a.m., depart Capodichino 9 a.m.
\$63 Adult, \$49 Child 2-11
€20 entry fee

*Must be at least 18 years old to purchase or consume alcohol.
Please drink responsibly.



- All tours are subject to cancellation if minimum reservations are not met.
- If tour is canceled, all paid customers will receive a phone call and/or an email notification and a refund.
- Prices are in U.S. dollars, unless otherwise stated.
- Entry fees are not always included.
- Please bring euro cash to pay for your entry fee.
- Tips and gratuities are optional and not included in the price.
- Entry fees may change without notice.

To reserve a tour or for more information:

- Go to myfr.navyaims.com.
- Visit Capodichino or Support Site Tickets & Travel office.
- Call 081-811-7907 / DSN 629-7907 or 081-568-4330 / DSN 626-4330.



USO YOUTH PROGRAMS

TODDLER TIME

**EVERY MONDAY AT THE COMMUNITY CENTER
FROM 10 TO 11AM**



Calling all little explorers
and parents!

Join us for Toddler Time
with EDIS & New Parent
Support Group, combining
interactive play for toddlers
with a welcoming space for
parents and little ones to
connect, learn, and support
one another.

FREE EVENT - NO REGISTRATION NECESSARY





TROOP TIME

CONNECT. RECHARGE. GROW TOGETHER.

Step away, refuel, and connect with fellow Service Members over lunch and even better conversation.

Looking for a break in your day?
Join us for lunch and take time for what matters—people, connection, and you.



CONNECT

Build genuine relationships with fellow Service Members.



RECHARGE

Take a break, relax, and refuel your mind and body.



GROW

Find meaningful mentorship opportunities and share experiences.



UNPLUG

A space to step away from the mission and focus on you.



BELONG

Be part of a community that has your six, wherever you go.



MORE THAN FOOD—OPTIONS TO ENJOY YOUR TIME.



COMPUTERS

Catch up, connect, or get things done.



VIDEO GAMES

Challenge a friend or just unwind and play.



BOOKS

Read, relax, and escape for a while.



TABLE GAMES

Play a game, share laughs, build connections.



ACTIVITIES

From crafts to puzzles—there's something for everyone.



EVERY TUESDAY & THURSDAY
11:00 AM – 12:00 PM



USO CAPODICHINO LOUNGE
Air Terminal

- ✓ Enjoy a free lunch, on us.
- ✓ Meet new people and build lasting connections.
- ✓ Share stories, insights, and experiences.
- ✓ Make the most of your lunch break.

★ USO LOCATIONS & HOURS ★



USO CAPODICHINO LOUNGE

Air Terminal

📅 Open Monday to Thursday
🕒 0830 – 1630



VILLAGE FORUM

Support Site

📅 Open Monday to Friday
🕒 1000 – 1630



@usonaples

uso.org

USO NAPLES

USO TROOP TIME: GOOD FOOD, GREAT COMPANY!

TUESDAY AND THURSDAYS - CAPO AIR TERMINAL



Take a break and refuel at USO Troop Time every Tuesday and Thursday from 11:00-12:00 at the USO Capo Lounge.

Enjoy a meal, connect with local base organizations, learn about local resources and join in on minute to win it games to win great prizes!



USO.org/CENTERS

Make an Impact

VOLUNTEER WITH THE USO NAPLES

You have the power to make someone's day 



WHY VOLUNTEER



SUPPORT

Service members
and their families



BUILD

Connections in
the community



GAIN

Valuable skills
and experience



GIVE BACK

Make a difference
in the community



FLEXIBLE

Volunteer
when you can



Join our team today!



Make an impact, build your skills, and strengthen your resume while serving your military community

Earn Volunteer Hours for Awards, Evaluations, and Advancement Packages



Scan to
volunteer



Facebook.com/usonaples



usonaples@uso.org



+39 081-5685713/ +39 081-8114903



Fall Sports

Youth Sports

Boys and girls ages 5-18

Games

Soccer and Flag Football

Sept. 2-Dec. 5*

Carney Park and Support Site

Volleyball

Sept. 9-Dec. 4*

Youth Center gym

\$60

Practices begin

Sept. 14: Soccer and Flag Football

Sept. 21: Volleyball

Mandatory assessments**

For ages 9-18

Soccer and Flag Football

Sept. 2 and 3

4:30 p.m.

South Park, Support Site

Volleyball

Sept. 9

4:30 p.m.

Youth Center gym

Mandatory Parents Meet and Greet

Volleyball

Sept. 9, 5 p.m. at Youth Center

Soccer

Sept. 10, 5 p.m. at Youth Center

Flag Football

Sept. 11, 5 p.m. at Youth Center



Scan here for more information,
required parent training,
download registration forms
and a link to pay.

**Register
and pay
by Sept. 1**

*No games on federal holidays or long weekends

**Players who miss the scheduled assessment have no guarantee of a spot in the season's league. Make up assessments scheduling is not guaranteed. There will be no refunds provided after assessments are completed with the exception of a medical condition. Newly PCSed families must show proof of orders.

For more information, email the Youth Sports Coordinator at NaplesYSF@us.navy.mil or call 081-811-4722 / DSN 629-4722.





FFSC HIGHLIGHTS *August 2026*



Casa Napoli: Home Rental Information Session

10:00 AM - 11:00 AM

Recently PCS'd or considering living off base? Casa Napoli provides a clear financial overview and tools to help military families navigate the budget and leasing process when renting a home in Naples.

**TUES
18**

**THU
20**

Drive Wise: Car Buying Information Session

10:00 AM - 11:00 AM

DriveWise equips Sailors and families with key financial insights and practical tools to make smart, budget-conscious decisions before buying a vehicle during their transition.



Postpartum Support Group

10:00 AM - 11:30 AM | Community Center, SS

A welcoming, supportive space where new parents can connect, share experiences, and access essential resources during their transition to parenthood.

**WED
5&19**



**FOR MORE
INFORMATION:**

E-mail: NSANaplesFFSC@us.navy.mil

Call us at COMM: +39 081-811-6372 or DSN: 629-6372

Follow us on Facebook at Naples FFSC

JOIN US AT THE CHAPEL

NSA NAPLES SUPPORT SITE & CAPODICHINO

CATHOLIC WORSHIP

Saturday

16:00 | Confession & Adoration

17:00 | Mass | Support Site

Sunday

10:45 | Confessions

11:30 | Mass | Support Site

Weekday Masses

(Except for Federal Holidays falling on M-F)

Tuesdays & Thursdays | 12:00 | Capo

Wednesdays & Fridays | 08:30 | Support Site

Confessions 30 mins prior to Mass.

PROTESTANT SUNDAY SERVICE

Sunday | 09:30 Service | Support Site



Points of contact for local Jewish and Latter Day Saints are available. Please contact the Chaplain's Office for more information, see info below.

† WOMEN'S GROUPS

Catholic Women of the Chapel

Tuesdays | 18:30 | Support Site

Wednesdays | 09:30 | Support Site

Facebook: CWOC - Naples, Italy

Protestant Women of the Chapel

Tuesdays | 09:00 | Support Site

Facebook: PWOC Naples, Italy Group

† MEN'S GROUPS

Catholic Men's Bible Study

Saturdays | 08:00 | Support Site

Knights of Columbus

Monthly meetings | Facebook: Knights of Columbus, San Gennaro Council 14853.

Protestant Men's Bible Study

Wednesdays | 18:00 | Support Site

† RELIGIOUS EDUCATION

Catholic CCD

Sundays | 10:00-11:00 | Support Site

Catholic Youth Group

Sundays after 11:30 Mass and by announcement | Support Site

Catholic OCIA

Tuesdays | 18:00 | Support Site

Protestant Awana Club

Sundays | Support Site

Protestant Youth Group

Second & Third Wednesdays | 17:00 | Support Site

Family Life Group

First & Third Wednesdays | 17:00-19:00 | Support Site

CONTACT INFO

Facebook @NSA Naples Chapel

Chaplain's Office Support Site

DSN: 629-4608 | Com: 081-811-4608

Chaplain's Office Capodichino

DSN: 626-6817 | Com: 081-568-6817

Duty Chaplain | +39 366-680-5972

Catholic Religious Education

naplesccd@gmail.com

Catholic Women of the Chapel

naplescwoc@gmail.com

Knights of Columbus

kofcnaples@gmail.com

Protestant Contact

matthew.a.riley10.mil@us.navy.mil

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